

The Walking Village

For more information: Barbara MacKay, Make Hay Communications
barbara@makehay.com
519-924-3623

Can I Eat That?

The Walking Village is holding a free Foraging in Flesherton Walk with seasoned forager and walk guide, David Turner.

“There are plants, trees and shrubs in our forests and fields – and even in our yards – that can be eaten or made into teas, salves or tinctures for medicinal uses,” Turner says.

Turner, who is the owner of the Flesherton Art Gallery and a trained horticulturalist, was interviewed on CBC Ontario Morning with Wei Chen last week ([podcast](#)) to talk about the goals and adventures of the Walking Village organization.

“Our mandate is to encourage the enjoyment of walking in our area,” Turner says, “One way is to hold more free guided walks, such as the popular Priceville Heritage Walk and the recent Swamp Walk.” The organization also has a goal to create a Grey-Georgian Trails Network to link all of the walking and hiking groups in the larger region.

The Walking Village recently received funding from the Grey Highlands Chamber of Commerce to reprint their popular Come For a Walk brochure and copies are available from David Turner or any of the other board members.

The organization is in the process of becoming a registered non-profit organization. With this designation, “We’ll be able to apply directly for grants and programs from Trillium Foundation, Ministry of Citizenship; Tourism, Culture & Sport, and other grantors,” Julie Reitzel says. The group has a fundraiser on now to reach \$500, the first price tag to registration. You can see more about that and make a donation here [the Indiegogo fundraising \(link\)](#)

Foraging is an increasingly popular pastime and many local restaurants even offer some foraged favourites on their menus. “Many of the drugs we use today came originally from nature; a bark, a root, a leaf,” David Turner says. A wealth of information on the trail, Turner will answer that favourite forest question: “Can I Eat That?”